

# Design a sensory blanket

When babies are young, often before they can crawl, they have sensory blankets to play with. The blankets are safe to lie on and encourage the babies to use their senses of touch and sound to explore.

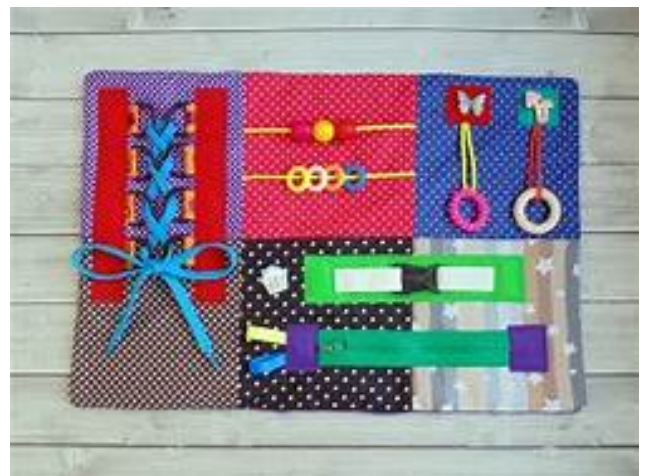
A lot of older people often use a fidget quilt or activity blanket to provide sensory and tactile (sound and touch) stimulation for their restless hands.

**For this challenge we would like you to design a sensory blanket for a baby or an older person. If you are then able to make a blanket from your design that would be great too!**

Think about:

- Textures you could use
- Sounds you could include
- Different activities

We have included an example here. Do some research to get more ideas for your design.



**1 Learning Credit**

